

Cochrane Nutrition

Cochrane Nutrition represents the interests of evidence-based nutritional health.

We coordinate activities related to nutrition systematic reviews within Cochrane; to ensure that relevant and priority nutrition systematic reviews are conducted using rigorous methods; and, to promote the use of evidence from nutrition systematic reviews to inform healthcare decision-making.

Our vision

is for Cochrane to be the go-to place for systematic reviews on nutrition.

Our aim

is to support and enable evidence-informed decision-making for nutrition-relevant policy and practice by advancing the preparation and use of high quality, globally relevant systematic reviews.

Our objectives are

1. to increase the coverage, quality, and relevance of Cochrane Reviews on nutrition
2. to increase the impact of Cochrane Reviews on nutrition across all stakeholders
3. to contribute to strengthening methods for conducting Cochrane Reviews on nutrition
4. to ensure the sustainability of Cochrane Nutrition

Trusted evidence.
Informed decisions.
Better health.



Cochrane is

a global independent network of researchers, professionals, patients, carers, and people interested in health.

Our work is recognized as representing an international gold standard for high quality, trusted information.

Who is Cochrane for?

Cochrane is for anyone who is interested in using high-quality information to make health decisions. Whether you are a doctor or nurse, patient or carer, researcher or funder, Cochrane evidence provides a powerful tool to enhance your healthcare knowledge and decision making.

What do Cochrane Reviews do?

- Inform guidelines, practice, and protocols
- Contribute to wider health knowledge
- Aim to change practice based on good evidence
- Highlight research gaps
- Help prevent duplication in research
- Offer multi-lingual content

Why do we do this?

The need for Cochrane's work is even greater than it was when we started 20 years ago. As access to health evidence increases, so do the risks of misinterpreting complex content; meanwhile the likelihood of any one person getting a complete and balanced picture decreases. Our mission to provide accessible, credible information to support informed decision-making has never been more important or useful for improving global health.

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Cochrane Nutrition is

a Cochrane Group jointly hosted in Cape Town, South Africa by the Centre for Evidence-based Health Care at Stellenbosch University and Cochrane South Africa at the South African Medical Research Council. The Co-Directors of Cochrane Nutrition are based at these institutions and work under the guidance of an international Advisory Board consisting of internal and external representatives. Activities are centred around achieving our objectives, and are aligned with Cochrane's *Strategy to 2020*.

How to get involved

Get involved with the activities of Cochrane Nutrition by becoming part of the Group and contributing as a review author, peer reviewer, methods or content expert; and commentator, by raising awareness and assisting with fundraising.

For more information visit our website

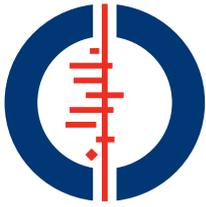
nutrition.cochrane.org

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