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## About this manual

In this section:

## Using the manual

Style manuals exist to improve consistency and clarity of text, and to ensure that terminology, names, and usage reflect current best practice and branding. They also work as a repository of decisions on usage, thus reducing duplicated or conflicting decision-making efforts for authors and editors.

The Cochrane Style Manual is different from some other style manuals, in that it allows for some flexibility in style, reflecting the distributed nature of Cochrane editorial and author teams, but it also aims to bring unity and a recognizable journal style where there may be unhelpful variation.

All Cochrane reviews and protocols must adhere to the guidance contained in the Cochrane Style Manual. The Cochrane Style Manual does not explain how to prepare a Cochrane review and does not cover every word choice or every context. Authors and editors will need to use their knowledge and judgement when applying the guidance, but any deviation should be for a good reason rather than personal preference.

This manual is primarily for use with Cochrane reviews and associated content, but it may be applicable to other Cochrane content. We hope to produce a summary listing the main features of Cochrane style for use in the preparation of other Cochrane material shortly.

## Revising the manual

The introduction of the focused review format for Cochrane reviews underlies this update of the Cochrane Style Manual (version 6.0, June 2024). The advice for those areas of reviews most affected by the new format has been thoroughly revised or rewritten (most notably: the [citing of references](#), inclusion of [tables and figures](#), and [Supplementary materials](#)), and all other sections have been checked over, with minor changes made where appropriate.

Prior to this June 2024 version 6.0 update, the Cochrane Style Manual used to be revised in response to suggestions from users and the [Cochrane Style Manual Working Group](#). The updates responded to changes within Cochrane, such as the incorporation of new standards.

Major changes are recorded on the [Latest changes](#) page. A log of changes made between 2010 (version 4.1 of the Cochrane Style Guide) and July 2016 (version 5.0, when the Cochrane Style Manual was first released in this online format) is available at [What's new](#).

Suggestions for additions, clarifications or other improvements should be sent to [production@cochrane.org](mailto:production@cochrane.org).

## Contributors

The Cochrane Style Manual is overseen by Elizabeth Royle (Production Manager) and Denise Mitchell (Senior Production Editor) of the Cochrane Production Service.

Previously, it was overseen by the Cochrane Style Manual Working Group, who were supported by core funding from Cochrane. The following people contributed to the group over the years:

John Hilton, Elizabeth Royle, Clare Dooley, Luisa Fernandez Mauleffinch, Gillian Gummer, Nikki Jahnke, Rachael Kelly, Joey Kwong, Harriet MacLehose, Dolores Matthews, Heather Maxwell, Tracey Remington, Sera Tort, Susanne Abraham, Alison Beamon, Kate Cahill, Mandy Collingwood, Lesley Gillespie, Sonja Henderson, Rachael Jowett, Laura Mellor, Dimitrinka Nikolova, Nancy Owens, Reive Robb, Vicki Sparkes, Emma Tavender.

## Contacts

If you wish to suggest changes or additions to the Style Manual, or if you have any other queries, please contact

[production@cochrane.org](mailto:production@cochrane.org).

## Acknowledgements

Thanks to Paolo Rosati and Martin Janczyk for help with preparing this web version of the Style Manual and to Sam Cox for specialist advice.

## Latest changes

For recent changes to the Cochrane Style Manual see: [Latest changes](#).

## History of the manual

The current format of the Cochrane Style Manual was launched in July 2016, replacing the Cochrane Style Guide, which was published as a PDF document and updated intermittently until October 2010. The Cochrane Style Guide was originally developed by the participants of project called the 'Prospective copy edit pilot', that was approved for use within Cochrane on 6 December 2002.

On this page we list the substantive edits and changes that were made to the Style Manual in its July 2016 version compared with its previous major edition (i.e. Cochrane Style Guide 4.1 edition; October 2010). For changes made since July 2016, a list of [latest changes](#) is continuously updated.

## Changes to between Style Guide version 4.1 and July 2016 edition of Style Manual

### General changes

- Moved from a static PDF version to a dynamic online version
- Name changed from 'Cochrane Style Guide' to 'Cochrane Style Manual'
- Chapters organized thematically rather than alphabetically
- Chapters organized into smaller units with more links
- Table of contents giving a visual overview of the Style Manual
- Addition of information about how users may give feedback via [ideas.cochrane.org](http://ideas.cochrane.org)

### Abbreviations and acronyms

#### When to use abbreviations and acronyms

- [New guidance](#) on usage of abbreviations: use only if the term has three or more words; use if the term is used frequently in a section or in the review, or if the abbreviation or acronym is more familiar than the full name
- [New guidance](#) on redefining abbreviations and acronyms in the 'Abstract', 'Plain language summary', 'Main text', and 'Authors' conclusions' sections of reviews, and in the legends of tables or figures
- [New guidance](#) on the use of abbreviations in titles and headings
- [New guidance](#) permitting the use of abbreviations at the start of sentences

#### Common abbreviations

- [New guidance](#) on common abbreviations that do not need to be defined
- [New guidance](#) on formatting of 'i.e.', 'e.g.' and 'etc.': always use internal full stops and do not follow with a comma

#### Abbreviations to avoid

- [New section](#) on avoiding Latin abbreviations for dosing and some other abbreviations

### Cochrane Review specific

#### Abstracts

- [New brief guidance](#) on abstracts, with links for further information

## Headings

- [Revised guidance](#) on the use of predefined headings and drop-down heading styles

## Search methods

- [Updated and expanded section](#) on how to describe search sources and search dates

## Formatting

### Italics

- [Updated section](#) with examples to illustrate how to present species names in an abbreviated form after their first mention

### Ligatures

- [New guidance](#) about avoiding the use of ligatures (e.g. æ, œ, ß, ff)

### Lists

- New examples added to section on [formatting of lists](#)

### Paragraph break

- [New guidance](#) that soft returns are recommended in footnotes

### Symbols and special characters

- [New guidance](#) about how to access special characters in Review Manager (RevMan) 5

## Grammar and writing style

### Active and passive voice

- [Expanded section](#) on the use of active and passive voice

### Adjectives as nouns (new section)

- [New guidance](#) to avoid the use of adjectives (e.g. overweight) as nouns

### And/or

- [Guidance changed](#) to allow 'and/or' in cases where reformulation would be awkward

### Compared to/compared with

- [New section](#) outlining the potential difference in meaning between 'compared to' and 'compared with', and guidance that a distinction between these is not needed in Cochrane Reviews

### Prefixes

- [New guidance](#) for the prefixes 'micro' and 'self'

### Punctuation

- [Expanded section](#) includes the use of square brackets (used in chemical and mathematical formulae and in edits or comments on quotations) and presentation of quotations

### Simple and accessible English

- [New section](#) about the importance of readability in Cochrane Reviews, with examples and links to other resources

## Tautology

- [Expanded section](#) with more examples

## Verbs: single or plural

- [Expanded section](#) with more specific guidance about group and plural nouns (e.g. data) and the verb forms they should take

## International considerations

### English Language: regional differences

- [Guidance added](#) about the use of '-ise' and '-ize' word endings, with reference to the Cochrane brand guidelines

### Country names

- [New section](#) with guidance about how to refer to countries and regions in Cochrane Reviews and protocols

### Ethnic group names

- [New section](#) with guidance about how to describe ethnic groups

## Names and common terms

### Common terms

- [Expanded guidance](#) on usage of common terms (e.g. 'double-blind', 'dropout' (noun), 'drop out' (verb), 'postoperative') and the terms 'participant', 'patient' and 'person'

### Names

- [Section updated](#) to reflect branding changes and add further examples and resources
- [New guidance](#) on frequently used names
- [Expanded guidance](#) on family names, including formatting of designation of rank within a family, such as 'Jr' or '3rd'
- [New guidance](#) on virus names
- [New guidance](#) on pharmaceutical drug names and trademark symbols

## Numbers, statistics, and units

### Numbers

- [Guidance expanded and reorganized](#) with additional examples and minor corrections
- [New guidance](#) on number hyphenation (when written as words - not as numerals - in text)
- [New guidance](#) about the use of the terms million, billion, and trillion

### Statistical and mathematical presentation

- [New or updated guidance](#) on use and presentation of P values, decimal places, equals and other signs, and summary statistics

### Units and systems of measurement

- [Expanded guidance](#) on commonly used units (e.g. added microgram ( $\mu\text{g}$ ), guidance on second as a unit of time and as an angle measurement)
- [New guidance](#) that the abbreviation L (not l) should be used for litre (also applies to mL, nL, etc.)
- [New guidance](#) for use of units as modifiers before a noun: write out the name of the metric quantity and use a hyphen between the numeral and unit, e.g. a 20-liter container

## References

- Guidance has been adapted to correspond where possible with the referencing style of the National Library of Medicine

(NLM)'s *Citing Medicine*, so that authors have an external resource to consult when particular cases are not covered by the Style Manual.

- [New section](#) on differences between Cochrane and NLM style
- New guidance on references entered in the Cochrane Register of Studies (CRS)

## Citing references

- [New guidance](#) on: citing references in chronological order (cite from the earliest to the latest date); how to include multiple citations that refer to separate items of information; and avoiding using 'et al' in the text (only for use in references)

## Reference fields

- [New guidance](#):
  - Enter up to six authors into references in RevMan but enter all authors (where possible) when importing a reference into the CRS
  - Use a comma before 'et al'.
  - Italics should not be used in article or book titles, or for species names
  - Journal titles should be picked from the journal pick list
  - Exclude 'The' at the beginning of journal titles (e.g. 'The Lancet' should be inserted as 'Lancet')
  - Inclusion of digital object identifiers (DOIs)

## Journal articles

- [Expanded guidance](#) adapted in the light of general changes
- Strengthened recommendation to include a DOI for journal articles in press.
- New guidance to use parentheses around 'in press'.

## Cochrane publications

- [Section expanded](#) with new examples and updates in line with recent changes to Cochrane publications and minor changes to bring Cochrane publications more in line with other publications
- [New guidance](#) on best practice for citing the *Cochrane Handbook for Systematic Reviews of Interventions*
- [New guidance](#) on how to cite the *Cochrane Handbook for Systematic Reviews of Diagnostic Test Accuracy* and [its chapters](#)

## Conference proceedings

- [Section updated](#) with new examples
- [New guidance](#) on how to complete each field when entering references
- [New guidance](#) for conference proceedings as journal supplements and conference abstracts in a journal supplement

## Other reference types

- [Section updated](#) with new examples
- [New guidance](#) on citing GRADEpro GDT
- Guidance on citing maps and newspaper articles removed
- [New guidance](#) on how to reference figures, tables or appendices from an article (e.g. for reuse in Cochrane Reviews)

## Differences between Cochrane and NLM style

- [New section](#) explaining differences between Cochrane style and NLM's *Citing Medicine*, including information on some frequently occurring issues in referencing: websites without titles; missing page numbers; changes in journal names; ambiguities with authors' names and surnames; references with errata or articles that have been retracted; discontinuous page numbering; dates crossing months in conference proceedings

## Tables and figures

### Tables in Cochrane Reviews

- [New guidance](#) on formatting body text in tables, including the use of numerals (instead of words) and full stops (used to end blocks of text only if the block ends with a full sentence)

- [Expanded guidance](#) on footnotes, providing clarification and examples

## About this manual

- [New sections](#) on how to use the manual, how the manual is updated, and who contributed to its development

## How to cite

### How to cite the Cochrane Style Manual

Mitchell DM, Royle EM. Cochrane Style Manual. Available from <https://community.cochrane.org/style-manual> (accessed 12 June 2024).

**Note:** change the date shown above to the date you accessed the manual.

### How to cite Cochrane Style Essentials

Mitchell DM, Royle EM. Cochrane Style Essentials. June 2024. <https://training.cochrane.org/online-learning/author-guidelines/essential-style-guidelines>.

**Note:** change the date shown above to the date of the version you used.